

MENU

VEGAN | FRESH | GLUTEN FREE | NATURAL | FRESH

Are you looking to **flush out the toxins, feel fit, lose weight, brighten your skin, boost energy, and feel better, happier and healthier.**

Our products can help, **filled with antioxidants, vitamins and minerals** that can help in fighting oxidative stress that lead to illness. **Improve your health** and protect your skin and hair, keep your memory sharp as you age. Are good for your heart and bones. Great source of fiber, a nutrient important **for a healthy digestive system.**

Our **menu** is made up of **vegan** ingredients.

We offer a different array of products:

- ✓ **Juices**
- ✓ **Detox Teas**
- ✓ **Detox Cleanse**
- ✓ **Salads**
- ✓ **Snacks**
- ✓ **Meals**
- ✓ **Meal Plans**
- ✓ **Energy Balls**
- ✓ **Granola Bars**
- ✓ **Jarred Goods**



**Vegan food promotes healthy skin,
Cleans your liver, & boosts the immune system too**

ROLLS AND WRAPS

- 6,000 L.L. **BEETROOT HOMMOS & KIDNEY BEANS**
Beetroot Hommos, Kidney Beans, Cucumber, Radish, Collard Roll
- 6,000 L.L. **LETTUCE WRAP**
Lettuce, Kidney beans, Muttabal, Hummus, Cucumber, Radish
- 6,000 L.L. **SPICY POTATO ROLL**
Mashed Potato, Lentils, Cucumber, Mint, Turmeric, Curry, Cayenne, Lime, Selek Roll
- 6,000 L.L. **RAINBOW WRAP**
Avocado, Carrots, Kale, Lentils, Lemon bits, Cucumber, Radish

SALADS

- 8,000 L.L. **CHAMPION SALAD**
Quinoa, Kidney bean, Spinach, Cherry tomato, Cucumber, Sweet Potato, Iceberg
- 8,000 L.L. **ABUNDANCE BOWL**
Broccoli, Strawberries, Spinach, Quinoa, Roasted Almond Flakes
- 8,000 L.L. **DELIGHT FULL**
Green lentils, Broccoli, Sweet Potato, Red Cabbage, Lettuce, Cherry Tomato
- 8,000 L.L. **SPINACH EGGPLANT & TAHINI**
Spinach, Bakleh, Rocca, Radish, Roasted Eggplant, Roasted Pinenuts
- 8,000 L.L. **LEAN & MEAN**
Quinoa, Orange, Rocca, Beetroot, Lettuce, Spinach, Roasted Almond Flakes, Cherry Tomatoes
- 9,000 L.L. **THE DETOX**
Kale, Carrots, Apple, Rocca, Celery, Sunflower Seed
- 9,000 L.L. **ORANGE KALE DATE**
Kale, Quinoa, Orange, Green Apple, Dates, Sunflower Seeds
- 9,000 L.L. **KALE FLING**
Kale, Quinoa, Ba2leh, Seasonal Fruits, Broccoli

CHIA PUDDING

- 5,000 L.L. **CHIA FUEL**
Chia Seeds, Coconut Milk, Seasonal Fruits,
- 5,000 L.L. **CHIA BOOST**
Chia Seeds, Coconut Milk, Peanut Butter, Cranberries, Seasonal Fruits
- 5,000 L.L. **CHOCO CHIA**
Chia Seeds, Coconut Milk, Dark Chocolate, Orange

MAIN DISH

- 11,000 L.L. **VEGAN POKE BOWL**
Organic Black Rice, Avocado, Radish, Cucumber, Kidney Beans, Chickpeas, Red Bell Peppers, Coriander, Special Asian Sauce
- 11,000 L.L. **MEDITERRANEAN RICE BOWL**
Organic Black Rice, Muttabal, Artichoke, Broccoli, Spinach, Green beans
- 11,000 L.L. **BUDDHA BOWL**
Turmeric Cauliflower Rice, Avocado, Wilted Kale, Roasted Sweet Potato, Lentils, Carrot & Ginger Mash
- 11,000 L.L. **VEGG PAD THAI**
Rice noodles, Peanut butter, Shredded ginger, Shredded carrots, Broccoli, Sesame oil, Coriander, Roasted peanuts
- 11,000 L.L. **COCONUT CURRY**
Carrots, Baby Corn, Broccoli, Rice Noodles, Bamboo Shoots

81 277 350

contact@detoxparLOUR.com

Delivering to Beirut, Metn, Keserwen